



Sunday January 24th 2021

This Sunday's Service will be available on Sunday, and can be found on our YouTube channel by typing "St. David's Presbyterian Message for January 24, 2021" into Google. The scripture readings for this Sunday are:

Mark 1:14–20

Church Office Hours: Rev. Sturtevant is in the office Tuesdays through Fridays from 9:30 am to 2 pm daily, should you wish to drop by. In case of an emergency, he can be reached on his cell phone at 699-3661. Alternately, you may contact your elder. The elder's list is on the back of this bulletin.

Prayer Partnership: The Presbyterian Church in Canada offers a prayer partnership that may form part of a daily devotional, please consider these prayer partnerships:

Sunday, January 24 We pray that, with the support of food baskets provided by PWS&D partners, the many Syrians facing food insecurity due to ongoing conflict will find the sustenance they need.

Monday, January 25 We pray for children, and that their parents and guardians demonstrate the kind of love we have been shown by God.

Tuesday, January 26 We give thanks for the beauty of God's creation, and pray that we cherish the earth and treat it wisely.

Wednesday, January 27 We pray for vacant congregations; may they find ministers who will help them faithfully live out Christ's calling.

Thursday, January 28 We pray and give thanks for Phulu Rai, manager at the New Life Psychiatric Rehabilitation Center in Nepal, and the staff, for their dedication as they care for residents.

Friday, January 29 We pray for healthcare workers who put their own health and life at risk every day to bring healing and comfort to those who suffer.

Saturday, January 30 We pray for the staff and volunteers serving in the Presbyterian Church Archives as they preserve the church's historical records.

From the Board, Session and Treasurer

Coming to Church: Self Assessment Guide and Sign-in / Sign out Sheet: The Streamlined Process

St. David's has a process for completing our Self Assessment Guide (SAG) and the sign-in procedure for Sunday's church service. The manager on duty will ask you the questions on our SAG and will complete it for you. They will also complete the sign-in sheet allowing you to proceed directly into the sanctuary if all is well. The manager will also complete the sign-out sheets allowing you to leave in an orderly manner.

The sign-in and sign-out form is to allow contact tracing, should we ever need to do so. If you are a member of the congregation, we only need your name and phone number. If you are not a member, you will also be asked for your address.

Sunday January 24th Service

This Sunday we will continue to follow the process described above for the completion of the SAG and the sign-in sheets. We will again have people enter through the breezeway and come in through the side narthex door or the front door. The person or the "bubble" will be seated. The exit plan is to leave via the door to the lobby and out through the tower door. There will be managers and elders to greet you and if you are new to the process, they will help you through it.

We are including singing as part of the service and are adhering to all provincial public health guidelines. Please remain seated and wear your mask while singing.

Meanwhile, people have been asking whether we still provide **“Wheels to Worship”**? And the answer is **“Yes!”**. If you need a ride to church, please call Newfound Cabs (744-4444).

Getting the Service and Bulletin using our website

This bulletin and the Sunday service are placed on our website as soon as the Rollmann family get Monica’s email. The website is **stdavids.nf.ca** and if you type this in as your search, our website will be right there. At the top of the main page is a “Sunday Service” which will take you to this week’s service link and bulletin. Since our Sunday services are now live-streamed, the link is already posted so people can experience the Sunday service at home live beginning at 11 am on Sunday. If you click on Video Service for Jan 24th, you will see the screen and the note: live in “a number” of hours. After the fact, you can see the You-tube video of the service. If you would like to catch up on previous services all are available, simply scroll through the services and choose the Sunday service or bulletin that you would like to see or read.

Public Health Guidelines

This statement comes directly from the Public Health guidelines: “While not a requirement, Public Health maintains their warning to people 60 and above, or with additional risk factors, to avoid any non-essential gathering.” We feel duty bound to openly communicate this statement. We will certainly welcome and include anyone wishing to join us in person for worship. Meanwhile, we will continue to offer on-line services for those who may prefer that option. Everyone should feel comfortable participating in or engaging in any activity in which they take part. Do not feel compelled to participate, nor be barred from participating, by virtue of age or underlying medical condition. Every precaution to meet and exceed the Public Health

guidelines will be taken. However, that is not a guarantee that we can make our gathering a risk-free activity. We all look forward to a day when this Public Service warning is no longer required. We would like to thank you for your co-operation in helping us ensure we are all protected.

Treasurer's Report

Thank you all who are continuing to donate to your church through envelopes on Sunday mornings, by etransfers, or by your monthly PAD contributions. My thanks go out to elders and friends who happily and gladly pick up envelopes from those not able to get out to church and drop them off at the church office.

By the way, the sole email address we are using to accept donations is stdavidsnfld@gmail.com and this one is linked to our bank account and it will automatically accept all donations.

Bridges to Hope



For the sake of clarity and consistency, Bridges To Hope recently updated the contents of its food hampers to Small, Medium and Large sizes. This was done to eliminate confusion, especially when hampers are needed for larger families.

For your information, below are the contents for a **SMALL** hamper, which is meant to provide 2-3 days food for 1-2 people. The Medium and Large hampers contain basically the same items, but in larger quantities. School kits and other extra items are added as required and when available. Personal care items - shampoo, toothpaste, deodorant, etc. are very much in demand as well.

Using this as a guide, next time you're grocery shopping, why not add one or two non-perishable items to place on the food trolley at St. David's. If you're not back to Church on a regular basis yet, food can always be dropped off at the Church Office. As always too, cash or gift cards are helpful and greatly appreciated.

Regular Food Hamper (1-2 people; 2-3 days food)

Milk - canned evaporated - 1	Beans, canned - 1
Soup - Frozen homemade - 1 per person OR Canned - 2 small or 1 large	Dry Pasta/Rice - 1 package Canned pasta – Beefaroni/ Ravioli, etc. - 1
Meat - Fresh/frozen - 1 OR Canned - 1	Pasta Sauce - 1
Crackers - 1 sleeve saltines OR 1 box other	Cereal - 1 regular package
Cookies/Snacks- 1 box cookies OR granola bars	Vegetables - canned - 2
Fresh vegetables -1 package	Kraft Dinner - 1
Juice - 1 Litre (or equivalent)	Fruit - fresh - 2 per person OR canned - 1
Eggs - 1/3 carton (4 eggs)	Bread - 1
Margarine - 1 (1/2 cup block)	Sugar - 1 portion (1 cup)
Tea/Coffee-1 portion (10-12 teabags, 1 cup coffee)	

** Extra items, such as Noodles, Hamburger Helper, Scalloped Potatoes, Rice, etc. are included as available.

Birthdays and Anniversaries and Graduations

Happy Birthday greetings to Samantha Hudson who will be celebrating her birthday on January 30th with family and friends, including her mom and dad, Michele and Geoffrey Hudson, and always proud grandparents, Sylvia and Dave Hudson. Best wishes Samantha from everyone here at St. David's and we hope you have a wonderful day!

Happy Birthday to Jimmy Steele who will be celebrating his birthday with family and friends on January 24th. Jimmy is the son of Shirley and David Steele. Also helping to celebrate his birthday from afar will be Heather and Fred Morrissey and of course, his grand-father, Jim Steele. Everyone here at St. David's wishes you a great birthday Jimmy!

Happy Birthday greetings go out to Sandra Perry, currently living in Ontario, who will be celebrating her birthday on the 29th of January. Her sister, Beth, will be helping her mark the special day from here in St. John's. Your St. David's family sends along birthday wishes Sandra and hopes you have a wonderful day!

If you know of someone who is going to have a birthday or an anniversary in the coming days or weeks, please call or email the church.

News from the Pews

Kay's Birthday

Last week, Kay Scott celebrated her birthday in fine style. There were many phone calls from friends near and far and good neighbours dropping by with birthday wishes, cards – and cake! In the evening, she and Eric enjoyed a lovely dinner at Mama Soula's. All in all, it seems Kay thoroughly enjoyed her day and she and Eric sent along a few pictures to share with you.



Kay with her Card



Kay and Eric



Kay and Eric Share a Laugh



Kay's Birthday Cake

Christmas Cards – The Gift That Keeps on Giving

We received a lovely note from Elena Hannah this past week about her Christmas card from the Sunday School children. Here it is!

Hello,

I was one of recipients of the lovely surprise of a Christmas card delivery, but due to the mask dutifully worn by the deliverer, I was unable to hear his name well. His photo is the second from the top showing him at my door. I would like to thank him and all the children who participated in this sweet enterprise. The card is still adorning my living room, along with others, as I always leave them there until February. This card is the most special because it was done by hand, and very nicely, and delivered with heart. THANK YOU!

Elena Hannah



Meet our Renters

We thought it would be nice for the congregation to get to know a little bit about our renters who, even in these COVID-19 times, use our Sanctuary and/or Church Hall. Many have been using our facilities for years and have become an important part of the St. David's "family" - even helping us out with our events and activities. We look forward to working with them in the future!

Yoga Group

Our yoga group, Karma Fitness Yoga, has been practising at St. David's for over two years during Lunch time on Mondays.

Yoga uses breathing techniques, exercise and meditation. It helps to improve health and happiness. **Yoga** is the Sanskrit word for union, not just practising the physical side of yoga but also the spiritual side of yoga. This was evidenced by our giving back to the community in the case in the recent Christmas Hamper drive at St. David's where many of our class participants provided their Christmas offerings and time freely and happily.

Practising Yoga at St. David's is a good fit for both the yoga and the church community.

Christiane, RYT 200 Yoga Instructor, Certified Fitness Instructor, Certified Active Aging Specialist



AMS Project

At last Sunday's AMS meeting, plans were made for a project that everyone in the Church could take part in and at the same time support Presbyterian Sharing and other mission work. Check out the poster below.



COMING SOON

This little **PIGGY** went to market - **NO**, this little **Piggy** has a Purpose!

With Covid-19 putting the kibosh on our regular fundraisers, St. David's AMS has come up with a simple, creative way to help make up some of the shortfall.

Here's the plan:

- Purchase one (or more) of these cute piggy banks for \$5.00 each
- Name it if you like Mine is called "Pepper"
- Fill it with coins - all denominations will fit (even bills if folded)
- When full, remove the snout and contribute the contents to St. David's AMS, for which you will receive a charitable donation receipt
- Replace the snout and **REPEAT** the process As many times as you wish
- Piggies are available in assorted colours - Blue, Green, Pink, Purple, Red
- Order your Piggy(ies) **now** from the Church Office or any AMS member.
- Join us in this fun activity while supporting Presbyterians Sharing and the mission endeavours of St. David's - local, national and international.



An Archival Moment

I had a wonderful little visit with Jean and Bob Mallowney this past week. During the visit, Jean showed me this picture she had found. It's a picture of a WMS Picnic that was held at the Rose's summer home in Beachy Cove – we are guessing sometime in the 60's perhaps? Jean was able to identify some of the ladies in the picture. How about you? Do you recognize any of your ancestors?



WMS Picnic – Rose's Summer Home, Beachy Cove>

Back Row (l to r): Winnie Penney, Flo Carmichael, in front of Flo (?), Florrie Goudie, Barbara Rose, Rose Carmichael, behind Rose, Ethyl Thomas, Gladys Calver, Mrs. McIver(?).

Front Row (l to r): Kathleen Frew, Vi Komer, ?, Violet Parsons, Beatrice Chancey, ?, ?, ?, ?

(Flo Carmichael and Rose Carmichael were Jean (Mallowney) and Dave Carmichael's aunts.)

Church Trivia Questions

Way back when:

Last week the question was: How did the fishing admiral threaten John Jones at one point?

The answer is: Governor Montague threatened to send Jones to Placentia.

This week the question is: What is the inscription on the Communion Cup that is still used (for ceremonial purposes only) during our Communion services?

Recent History:

Last week the question was: How many of our regular renters are back with us? Which of our own groups are currently active in our facilities?

The answer is: Three of our regular renters are back and using our facilities – yoga class, line dancing and the TSO. The Prayer Shawl (Knitter's) group, the AMS, and the Bible Study Group have all met in the Armour Room, following all COVID-19 requirements.

This week the question is: Who was a faithful member of this congregation for several years and is now heading up the Dendor Project in South Sudan?

Do you have any ideas for some church trivia? Email or call the church!

Offerings While COVID-19 keeps us from church each Sunday, please consider other ways to keep up your weekly donations. For those of you who are not on PAD, please consider signing up. Simply email the church and we will put you in touch with Ian Bruneau, our Envelope Secretary. He will answer any questions you may have. Alternately, you can donate via e-transfer to stdavidsnfld@gmail.com. Using your bank's comment section, you can specify information like your envelope number and how you would like your money distributed; to Current, Presbyterian Sharing, or any of our outreach programs. You may also donate through Canada Helps. You may also mail your donation, drop it off at the church, or call the church and someone would be pleased to pick it up for you.

How can we help you at this time? Do you need any help getting groceries, having something picked up, or having something dropped off (like this bulletin or the minister's weekly sermons)? Would you just like to have a chat with the minister or your elder? Please call the church at 722-2382 or email us at stdavids@nfld.com and we'll see what we can do to help.

Ideas to keep in touch Do you have any ideas how we can keep in touch with one another or what you'd like to see us do over the next period of time while we're all under orders to stay safely distant from one another? Call and let us know! Please keep in touch!

Web Site We'd like you to visit our web site, which is the place to find past services and any number of interesting things. The Sunday services are found on the web site and the text of the sermon is also available in the comment section. Our web site is **stdavids.nf.ca**

Once there, choose ministries and look for the service you'd like to see or hear. There are 592 services on-line too listen to or see.

How to reach us:

Minister: Rev. David Sturtevant

Cell phone: 699-3661

Church Office: (709) 722-2382

Church email: stdavids@nfld.com

Facebook page: <http://www.facebook.com/stdavidsstjohns>

Groups:

Women's Auxiliary – Lillian Crawford

Good Companions (Seniors) – Kay Scott

Bible Study Group – Sheena Findlay

Atlantic Mission Society – Kathy McKay

Session – Lillian Crawford

Board of Managers – Kyle Sampson

Prayer Shawl (Knitters) – Bouwina Fogwill

Willing Hands (Quilter Group) – Patsy Carmichael

Food For Thought (University and Early Career) – The Rollmanns

Session: the elders are:

Lillian Crawford	Jim Steele	Ken Templeton
Sue Templeton	Janet Calver	Kathy McKay
Penny Gillies	Steve Bruneau	Ian Bruneau
Aubrey Bonnell	Eleanor Bonnell	Jenny Griffioen
Jennifer Waterman	Ed Vanderkloet	Tanya Shalaby

Board of Managers: the members of the Board are:

Kyle Sampson	Ken Templeton	Ed Vanderkloet
Tanya Shalaby	Steve Bruneau	Allison Crawford
Andrea Crosbie	Andem Effeiong	Don McKay

Treasurer: Anne Calver

Envelope Secretary: Ian Bruneau