



Sunday February 21st 2021

This Sunday's Service will be available on Sunday and can be found on our YouTube channel by typing "St. David's Presbyterian Message for February 21, 2021" into Google. The scripture readings for this Sunday are:

Mark 1:9–15

Church Office Hours: Rev. Sturtevant is working from home and he can be reached on his cell phone at 699-3661. Alternately, you may contact your elder. The elder's list is on the back of this bulletin.

Prayer Partnership: The Presbyterian Church in Canada offers a prayer partnership that may form part of a daily devotional, please consider these prayer partnerships:

Sunday, February 21 (Heritage Sunday) We give thanks to God for our ancestors, and pray that we might remember and appreciate the gifts they have passed down to us.

Monday, February 22 We pray for new ministers who may feel overwhelmed and alone in their first pastoral charge.

Tuesday, February 23 We pray for the people, ministries and mission of the Presbytery of Essex-Kent in Ont.

Wednesday, February 24 (Black History Month) We celebrate and give thanks for the contributions and prophetic witness of Black people in Canada.

Thursday, February 25 We pray for the Presbytery of Western Han-Ca's Ministry Committee. May they feel a strong sense of God's presence to strengthen, focus and lead their discernment.

Friday, February 26 Eternal God, in the worry and anxiety of life, we pray for assurance that comes by faith alone: "Return, O my soul, to your rest, for the Lord has dealt bountifully with you" (Psalm 116:7).

Saturday, February 27 We remember in prayer the United Nations International Decade for People of African Descent (2015–2024) and give thanks for those working to promote and protect the rights of people of African descent.

From the Board, Session and Treasurer

In-person Church Services Discontinued

St. David's is going to discontinue in-person church services for the next little while in accordance with the latest Public Health guidance. Once this outbreak is over and we are again allowed to participate in services together, we will do so. Meanwhile we will continue the virtual services as we did before we started meeting in person back in September.

Getting the Service and Bulletin using our website

This bulletin and the Sunday service are placed on our website as soon as the Rollmann family get Monica's email. The website is stdavids.nf.ca and if you type this in as your search, our website will be right there. At the top of the main page is a "Sunday Service" which will take you to this week's service link and bulletin. Since our Sunday services are now live-streamed, the link is already posted so people can experience the Sunday service at home live beginning at 11 am on Sunday. If you click on Video Service for Feb 21st, you will see the screen and the note: live in "a number" of hours. After the fact, you can see the You-tube video of the service. If you would like to catch up on previous services all are available, simply scroll through the services and choose the Sunday service or bulletin that you would like to see or read.

How can we help you at this time? Do you need any help getting groceries, having something picked up, or having something dropped off (like this bulletin or the minister's weekly sermons)? Would you just like to have a chat with the minister or your elder? Please call the church at 722-2382 or email us at stdavids@nfld.com and we'll see what we can do to help.

Treasurer's Report

The 2021 envelopes have arrived and some are still sitting on Monica's desk. Please call Monica and she will have the envelopes sent to you.

Thank you to all who are continuing to donate to your church through your envelopes, by e-transfers, or through your monthly PAD contributions. My thanks go out to elders and friends who happily and gladly pick-up envelopes from those not able to get out to church and drop them off at the church office.

By the way, the sole email address we are using to accept donations is stdavidsnfld@gmail.com and this one is linked to our bank account and it will automatically accept all donations.

Advance Notice – Annual Congregational Meeting

The Board and Session are looking forward to being able to prepare and release an Annual Report and have an Annual Congregational Meeting (ACM). The report may look a bit different this year since many groups were not able to carry on as before. However, the main information from Session, the Board, the Minister and the Treasurer will be there. We hope to hold the ACM earlier this year. Again, depending on the situation regarding the pandemic, it will most likely be virtual and will be held sometime this spring. For those not able to attend virtually, if you have any thoughts on how we may receive your feedback or thoughts, please get back to the Board. Thanks and stay tuned for more information!

Food for Thought, a Bible Study group for university-age / young adults, is meeting once a week during the pandemic via Zoom. New people are always welcome. Our next meeting is scheduled for Saturday, February 20, at 8pm, when we plan to conclude our discussion on anxiety. Anyone interested in participating should contact Ernst Rollmann (ernstrollmann12 at gmail.com) for the Zoom link. Ernst can also add you to the email list for instant updates.

Bridges to Hope



For the sake of clarity and consistency, Bridges To Hope recently updated the contents of its food hampers to Small, Medium and Large sizes. This was done to eliminate confusion, especially when hampers are needed for larger families.

For your information, below are the contents for a **SMALL** hamper which is meant to provide 2-3 days food for 1-2 people. The Medium and Large hampers contain basically the same items, but in larger quantities. School kits and other extra items are added as required and when available. Personal care items - shampoo, toothpaste, deodorant, etc. are very much in demand as well.

Using this as a guide, next time you're grocery shopping, why not add one or two non-perishable items to place on the food trolley at St. David's. If you're not back to Church on a regular basis yet, food can always be dropped off at the Church Office. As always too, cash or gift cards are helpful and greatly appreciated.

Regular Food Hamper (1-2 people; 2-3 days food)

| | |
|--------------------------------------------------------------------------------|------------------------------------------------------------------------------|
| Milk - canned evaporated - 1 | Beans, canned - 1 |
| Soup - Frozen homemade - 1 per person OR Canned - 2 small or 1 large | Dry Pasta/Rice - 1 package Canned pasta – Beefaroni/ Ravioli, etc. - 1 |
| Meat - Fresh/frozen - 1 OR Canned - 1 | Pasta Sauce - 1 |
| Crackers - 1 sleeve saltines OR 1 box other | Cereal - 1 regular package |
| Cookies/Snacks- 1 box cookies OR granola bars | Vegetables - canned - 2 |
| Fresh vegetables -1 package | Kraft Dinner - 1 |
| Juice - 1 Litre (or equivalent) | Fruit - fresh - 2 per person OR canned - 1 |
| Eggs - 1/3 carton (4 eggs) | Bread - 1 |
| Margarine - 1 (1/2 cup block) | Sugar - 1 portion (1 cup) |
| Tea/Coffee-1 portion (10-12 teabags, 1 cup coffee) | |

** Extra items, such as Noodles, Hamburger Helper, Scalloped Potatoes, Rice, etc. are included as available.

Birthdays and Anniversaries and Graduations

Happy Birthday to Chelsea Critch who will be celebrating with her family and friends, near and far, on February 22nd. Chelsea is the daughter of Jennifer Critch, and grand-daughter of Jean and Clayton Collins. Best wishes Chelsea from everyone here at St. David's and we hope you have a wonderful day!

Happy Birthday to Gregory Hicks. Greg will be celebrating his birthday on February 27th with family and friends, including his mom and dad, Susan and Frazer Hicks and his proud grand-mother, Shirley Fraize. We hope you have a great birthday, Greg and may there be many more!

Happy Birthday wishes go out to a dear friend of many here at St. David's, Barbara Ellis, who is celebrating her big day on February 26th! Barbara will be celebrating with numerous family and friends, near and far. Barbara has 3 daughters (Lynn, Susan and Fiona who all live in St. John's or close by with their families) and 1 son (Neil who currently resides in Ontario). Besides her "St. David's Family", Barbara has a "Gulfport Presbyterian Church Family" in Florida, where she is an elder. Barbara has been – and continues to be - involved with many Church groups and activities. Over the years, she has taught Sunday School, and has been involved with the Brownies, Girl Guides, Pathfinders, Rangers, CGIT, the WMS/AMS, the WA, Good Companions, Bible Study and the Board of Managers. Best wishes, Barbara from all your friends here at St. David's. We hope you have a wonderful day and cheers to many more!

If you know of someone who is going to have a birthday or an anniversary in the coming days or weeks, please call or email the church.

News from the Pews

Valda Morrissey's Birthday

We got this note from Heather and Fred Morrissey and wanted to share it with you:

Valda Morrissey enjoyed a wonderful 88th birthday on Valentine's Day - February 14th. The big smile on the birthday girl's face is likely because the photographer is her son, Fred who has been in NL since early December. The day was filled with favourites . . . calls & cards from friends, a drive to Middle Cove, a salmon dinner and a strawberry tart!



Valda's Birthday 2021

Recoveries

Over the past several weeks, a number of our dear friends here at St. David's have had serious medical issues. We are so pleased to be able to tell you that all are making excellent recoveries – thanks to the love and care of their families, their excellent teams of medical professionals, and the prayers and well-wishes of all their friends here at St. David's (not to mention prayer shawls lovingly gifted)! May you continue to make great progress and we hope to see you soon!

Our thoughts and prayers continue for:

Ed Vanderkloet

John Molgaard

Harry Crawford

Bouwina Fogwill

Pat Galbraith (Good Companions)

(I'm sure they would all welcome an encouraging and cheerful call or Email!)

Below is a note from Ed that tells his story. Thanks Ed for sharing this with us.

Thank you and the prayer shawl group so much for the scarf. I am doing well and although I am not supposed to be doing any heavy lifting (like snow shovelling) I have done a bit and have put the scarf to use. It's great. I think I should be up to resuming my session and board duties in a month.

I've had quite the medical adventure in the past few months. I'm on the mend now and doing very well, so don't be too alarmed, but I'm happy to share what has happened to me. It began about a month before Christmas

when I fell and hit my head inside my house. I'm not sure how or why that happened, but after I came too I got myself over to Emergency, where after about 7 hours they sent me home and said to take a few days off and monitor my symptoms, come back if things got worse, etc. My symptoms were mainly concussion-like (headache, some confusion with words, tiredness) as well as neck pain. A month later it seemed my only ongoing symptom was neck pain, but by early January things took a bit of a turn, as I was now having significant pain at the base of my skull. By coincidence I got a call from a friend who was in hospital having just had neurosurgery for a subdural hematoma. He too had had a fall in his home about six weeks earlier. I mainly spoke with his wife, a retired nurse, and I told her that his incident and his symptoms sounded just like mine. She urged me to get medical attention ASAP, so I returned to Emerg for another 7 hour visit. This time they did an x-ray and the doctor told me it was probably muscular, in the area where the neck muscles connect with the base of the skull. I went home, but things got worse. My headache increased, my confusion returned, my right leg began to drag and I had problems with balance. On January 17 I returned to Emerg. This time they sent me for a CT scan which showed that I too had a subdural hematoma. That is what they call a brain bleed which begins to clot and take up space that the brain is supposed to occupy. The brain is pushed out of the way, which can cause all sorts of symptoms, none of which are good. In fact, it could well have been fatal. I was sent up to neurosurgery where they operated the following day, January 18. Everything went well, so much so that two days later I was told I could go home. That day, January 20, happened to be my birthday, so definitely the best present I could have wished for. And as a matter of fact, I had wished for it. For many reasons being in the hospital with other neurosurgery patients, especially during a time of the coronavirus, can be stressful and worrisome. I was happy to be sent home. My driver's licence was put on medical suspension and I was put off work for two months with activity restrictions, but thus far (one month later) I've been feeling very good. The few remaining symptoms, occasional headaches and tiredness, have been noticeably on the wane.

The hardest task is following the advice to rest and recuperate when all I want is to get out there and do things. The most recent COVID shutdown more or less rules that out in any event.

I've been told it was a mistake on the part of the Emergency doctors not to have sent me for a CT scan during my first two visits, but as they say, third time's a charm. I am so grateful to the many people, friends and family, doctors and other health care professionals, people in my book club, people at St. David's, people at work ... I can't list them all, but a big thank you to all of you. Strangely, I feel blessed, though I won't go so far as to recommend an experience like this to anyone.

Update on David Parker

Many of you may not know that one of our former Choral Scholars, David Parker, is now a student at Knox Presbyterian College in Ontario. As with most university students across the country, due to COVID-19, they are very isolated from their friends and family and this is made worse when they are away from home. David could use an encouraging Email from "home" - just to say "Hi", and let him know that we are thinking of him. David can be reached at **davidrparker11@gmail.com**

Consider sending him an email this coming week.... he will be delighted!

Story from Monica

This is a very touching story from Monica – about 2 people who were very dear to her and had a major influence on her life. We know you'll enjoy it!

Sisters!

Let me tell you a short story of two great women who were part of my life. My Mother and my Aunt Ethel. Mom passed almost three years ago and my Aunt passed away this past weekend. A part of me is sad but there is also a part of me that feels fortunate that through their faith they are together again.

My mother and aunt were not only sisters, they were best friends. As young girls, even though my mother was younger, she felt obligated to protect my aunt. They did everything together including chores - although my mother often got out of it by playing the piano while my aunt did the cleaning! My aunt never complained about the music though - she loved it! They went to school together and one was very seldom far from the other.

As they grew older, it was inevitable that they would be separated. My aunt married and had no less than 8 children! My mother also married and had my two brothers and me. Even in separation they found time to connect by phone or on vacations. We would visit them in Baie Verte - 11 children and 4 adults - or they would come camping at Terra Nova Park. I admired how they did that with all those children!

As years went by, there was one aspect of my aunt that influenced and impressed me the most. At some point in her life, she learned to trust

faithfully in God and his loving protection. She always went to church, read the Bible and prayed, but at some point something shifted and her trust went deeper. It was now my mother who looked to her for her guidance. She was a great gift to our family. It was amazing how when things in life would get rough, she would always say, “I wonder how God is going to work this out!” She became the rock for her family and ours, even though she would be the first to laugh that off.

I will miss them but I have comfort knowing they are together again. There is no doubt my aunt is making my mother laugh once again!



My Aunt and Mother when they were about 3 and 6



My Aunt and Mother at my Aunt's 50th Wedding Anniversary Celebration

The Carmichael Family

Over the years, I have enjoyed many wonderful chats with Patsy and David Carmichael and Jean (Carmichael) and Bob Mallowney. Their families have played a big part in the life of St. David's and the more I talk with them the more I learn about their rich history. Over the next few bulletins, we'll get a chance to learn more about the Carmichael's it's a wonderful story! Thanks to both Dave, who wrote "A Brief History of the Carmichael Family" and to Jean, who provided me with some great pictures of her family! (I will be using Dave's document as we explore the Carmichael family.) This week, we explore the early beginnings of the Carmichael clan – and it goes way back in history!

Origins of the Carmichael Name

The name "Carmichael" originated from the northern edge of the Scottish Uplands in Scotland. An ancient hill, or "caer" in a prominent location close to the main route north from the border, was chosen by the "good" Queen Margaret in the year 1058 as the site of one of the first churches established in the see of Glasgow. Due to the prominence of the site, Queen Margaret dedicated the church to St. Michel and the district and its people became known as "...of Caermichel" when surnames were necessitated in the 13th century.

The Carmichaels took their name from the lands of Carmichael in Lanarkshire which were granted to them in 1370 by William, Earl of Douglas and Mar. In 1647, Sir James Carmichael, "of Carmichael", was created Lord Carmichael and in 1701 his son became the Earl of Hyndford.

During the 14th, 15th and 16th centuries, Carmichaels travelled widely – some to Galloway, where they became kinsmen of the Stewarts of Galloway and

were known as Mac-Michael, and later northwards to Lismore and Appin as kinsman of the Stewarts of Appin and the MacDougalls. Others went to Holland where Robert Carmichael, “the armourer” still has descendants known today as the “Carmiggelts”.

Further movements to Ireland in 1690 and to the Americas from 1650 onwards, resulted in the world-wide spread of the name. Events such as the emancipation of slavery, when released slaves in Carolina took the name of their Scottish plantation owner-employer, gave a mixed race element, whilst the highland clearances moved many Scottish Carmichaels abroad.

The family became “Carmichael Anstruther” upon the death of the 6th Earl in 1817. Then in 1980, the present Chief succeeded and readopted the ancient family name and started a flourishing “Clan Carmichael”.

The current Chief of Carmichael is Richard Carmichael of Carmichael, 30th Chief of the Name and Arms and 26th Baron of the Lands of Carmichael in Lanarkshire, Scotland. He inherited the Lands from his cousin in 1980 and claimed the Chiefship for the first time since the 1817 death of Andrew Carmichael of Carmichael, 6th Earl of Hyndford.



Clan Badge

Armed Arm Holding a Broken Spear

Motto – Tout Jour Prest - Always Ready



Coat of Arms

Carmichael of Carmichael

Next week, we start the Carmichaels of Newfoundland.

A Special Collection Plate

In normal times, our Managers take up the collection during the service using some beautifully made collection plates. Well one of these plates has a very interesting story behind it and it involves two very special people.

Many of you have fond memories of Christine and Norman Baird who were long-standing members of this Church and were involved in every aspect of our Church life. One of the activities that gave them perhaps the most pleasure was singing in the Church Choir.

Now as it turns out, Christine and Norman were good friends with June and Bruce Bowden. Bruce was a well known dentist in St. John's for many years with an office on LeMarchant Road. Bruce would later become the Director of Dentistry for the Provincial Government. Maybe what you didn't realize

was that Bruce was a very gifted wood-worker. He crafted everything from furniture to kayaks and canoes – and a collection plate for St. David’s!

When Norman passed away (December 5, 1998), his family wanted to create a fitting memorial in his honour. The Baird family called on Bruce to help out with their idea and he willingly agreed. The result was a beautiful collection plate. It was presented to the St. David’s Choir in Norman’s memory and it is still used today. If you turn the plate over and have a close look, you can see Bruce’s name and the date etched in the wood!



Commemorative Collection Plate



Inscription on Collection Plate

The inscription reads:
Presented to St. David’s Choir
in Memory of Choir Member
Norman Baird
by His Family
2000

The connection with the Bowden family lives on to this day. One of our cherished members from Good Companions is June Bowden.

June is a keen bridge player and we always enjoy her company. While I was talking with June this past week, I discovered that she also has an artistic gift – copper enamelling. Apparently June not only produced her own work but she also taught others. Once we are allowed to safely meet again, I will definitely be paying June a visit!

Having said that, we look forward to the day when our Good Companions can meet again and share bridge, carpet bowling and companionship.

An Archival Moment

This past week we would have enjoyed our annual Pancake and Sausage Dinner at the Church Hall. Alas, it was not to be this year but we do have some great pictures from previous Pancake Nights thanks to Steve Bruneau and Anne Calver. Hope you enjoy! Recognize anyone?



Leith Making Pancakes



Pancake Night Feb 28, 2017



Pancake Night March 5, 2019



Pancake Night Feb 25, 2020

Church Trivia Questions

Way back when:

Last week the question was: In August 1872 the Board of Trustees started a Minute Book and elected a Secretary who remained in the job for over 40 years. Who was this man with a well-known family name to this congregation?

The answer is: The Trustees of the Church Property elected Lionel T. Chancy Secretary. Mr. Chancy would hold this office until his death forty years later.

This week the question is: In January 1874 a Training School was opened in the basement of the church. What was the plan for this school?

Recent History:

Last week the question was: When was the first in-person service held last fall. Hint: there are two answers!

The answer is: The Board met on September 20th to try out the procedures to re-open safely and the first in-person service was held on September 27th.

This week the question is: It hardly seems that a year has passed. When was our last in-person church service pre-COVID and when did this version of the bulletin begin.

Do you have any ideas for some church trivia? Email or call the church!

Offerings While COVID-19 keeps us from church each Sunday, please consider other ways to keep up your weekly donations. For those of you who are not on PAD, please consider signing up. Simply email the church and we will put you in touch with Ian Bruneau, our Envelope Secretary. He will answer any questions you may have. Alternately, you can donate via e-transfer to stdavidsnfld@gmail.com. Using your bank's comment section, you can specify information like your envelope number and how you would like your money distributed; to Current, Presbyterian Sharing, or any of our outreach programs. You may also donate through Canada Helps. You may also mail your donation, drop it off at the church, or call the church and someone would be pleased to pick it up for you.

How can we help you at this time? Do you need any help getting groceries, having something picked up, or having something dropped off (like this bulletin or the minister's weekly sermons)? Would you just like to have a chat with the minister or your elder? Please call the church at 722-2382 or email us at stdavids@nfld.com and we'll see what we can do to help.

Ideas to keep in touch Do you have any ideas how we can keep in touch with one another or what you'd like to see us do over the next period of time while we're all under orders to stay safely distant from one another? Call and let us know! Please keep in touch!

Web Site We'd like you to visit our web site, which is the place to find past services and any number of interesting things. The Sunday services are found on the web site and the text of the sermon is also available in the comment section. Our web site is **stdavids.nf.ca**

Once there, choose ministries and look for the service you'd like to see or hear. There are over 600 services on-line too listen to or see.

How to reach us:

Minister: Rev. David Sturtevant

Cell phone: 699-3661

Church Office: (709) 722-2382

Church email: stdavids@nfld.com

Facebook page: <http://www.facebook.com/stdavidsstjohns>

Groups:

Women's Auxiliary – Lillian Crawford

Good Companions (Seniors) – Kay Scott

Bible Study Group – Sheena Findlay

Atlantic Mission Society – Kathy McKay

Session – Lillian Crawford

Board of Managers – Ken Templeton (Session rep)

Prayer Shawl (Knitters) – Bouwina Fogwill

Willing Hands (Quilter Group) – Patsy Carmichael

Food For Thought (University and Early Career) – The Rollmanns

Session: the elders are:

| | | |
|-------------------|-----------------|-----------------|
| Lillian Crawford | Jim Steele | Ken Templeton |
| Sue Templeton | Janet Calver | Kathy McKay |
| Penny Gillies | Steve Bruneau | Ian Bruneau |
| Aubrey Bonnell | Eleanor Bonnell | Jenny Griffioen |
| Jennifer Waterman | Ed Vanderkloet | Tanya Shalaby |

Board of Managers: the members of the Board are:

| | | |
|---------------|----------------|---------------|
| Ken Templeton | Ed Vanderkloet | Steve Bruneau |
| Andem Effiong | | |

Treasurer: Anne Calver

Envelope Secretary: Ian Bruneau