

**In our local AMS we provide hot meals several times a year and visits to folks who are shut-in at home.**

**We put together goody bags at Christmas for many in our church family who are unable to come to worship anymore.**

**We purchase and assemble Christmas food hampers for those in need in our community with lots of willing drivers delivering around the city just a few days before Christmas.**

**Could this be the hands and feet of Christ at work?**

**The Prayer Shawl ministry, part of the AMS, knits warm comforting shawls with a prayer attached for those who may be in hospital, ill or grieving.. if you know of someone who could benefit from having a shawl please contact any of us or leave a request with Reverend Sturtevant.**

**Many hats and mittens are created too and will go to clients of Bridges to Hope. Our knitters are from all over the Avalon!**

**We try to make muffins monthly which go in the weekly food hamper for families and this year members of the AMS enlist some young members from St.David's Sunday school. And there are some very enthusiastic bakers! We would love more bakers...if you are interested!**

**Every October the washing line goes up and around the sanctuary for Socktober and we fill the space with warm socks and winter gear, plus personal care items which are donated to groups in need.**

**November is when the congregation generously brings outdoor winter gear to be given to folks who require warm winter clothing..**

**Mission is the church in action, simply put, a call to help our neighbours.**